



Govt. Shyam Sundar Narayan Mushran Mahila Mahavidyalaya
Narsinghpur, Madhya Pradesh
(Affiliated by Rani Durgavati Vishwavidyalaya, Jabalpur, M.P.)



One Day Webinar on "Importance of Yoga and Meditation During Covid - 19"
Organized by Sports, IQAC and WB-MPHEQIP

Date- 15.12.2020, Tuesday, Timing: 12:00 PM to 2:00 PM

Patron



Smt. Sandhya Deo
Principal
Govt. S.S.N.M. Mahila Mahavidyalaya
Narsinghpur

I/C World Bank



Smt. Krishna Sharma
Asst. Prof. (Home Science)
Govt. S.S.N.M. Mahila Mahavidyalaya
Narsinghpur

IQAC Coordinator



Dr. Yatindra Mahobe
Asst. Prof. (Drawing & Painting)
Govt. S.S.N.M. Mahila Mahavidyalaya
Narsinghpur

Guest Speaker



Dr. Adarsh Tiwari
Director of Physical
Education & Sports
Pt. S.N. Shukla
University
Shahadol

Guest Speaker



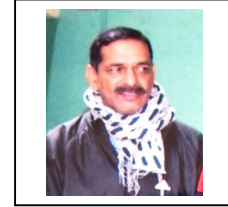
Dr. Jyoti Jungare
HOD Yoga & Sports
Dept.
Govt. GHSC
Hosangabad

Guest Speaker



**Shri Kamlesh Kumar
Dubey**
Sports Officer
Govt. Girls College
Ranjhi, Jabalpur

Organizer



Shri. L.N. Rajak
Sports Officer
Govt. S.S.N.M. Mahila
Mahavidyalaya
Narsinghpur

Link for Webinar – <https://meet.google.com/ubt-dbnc-beh>

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